

# ANJU DUA ARJUNA AWARDEE EMINENT SPORTS PERSON- A CASE STUDY

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**Abstract:** The purpose of the study was to highlight the performance of Smt. Anju Dua as an outstanding gymnastic player, as a trainee, as a coach, as a sports promoter and the contributions and achievement of Arjuna Awardee Anju Dua in the field of sports and distinguished features of her life a case study has been designed in which historical, biographical, analytical and interpretive methods were utilized. Data/information for this investigation was derived from the primary and secondary sources. The data for investigation were derived from personal records, pictorial records and published material. Interview technique was used to obtain responses and reactions about Arjuna Awardee Anju Dua from selected eminent sports persons from India, her coach Mr. Subash Sharma and her family members. Arjuna Awardee Anju Dua represented her school, college, university, her state in many tournaments and brought honor. Being deaf and dumb she competed in normal category in the national championships along with the rest of the participants, asking for no favors and won ten Gold, 23 Silver and 11 Bronze during the three years from 1987 to 1990 in addition she was declared the Best Gymnast at the senior nationals held at Kottayam in 1989. A regular member of Haryana squad Anju has been taking part in the various state and All India Competitions including junior and senior nationals from 1979. Though a regular in the state meets since 1979. Anju first came to Nationals limelight in 1984 when she won the team championship of the 27<sup>th</sup> Senior National Gymnastics Championship held in Jabalpur, a performance she repeated in the next two Nationals held in Bangalore and Sangrur. She was especially good at Vaulting Horse, an even in which she topped in the Nationals held at Cuttack in 1987. Kottayam and Udaipur in 1989 and Delhi in 1991.

**Keywords:** National Gymnastics, Kottayam and Udaipur, biographical.

## 1.0 Introduction

As related to physical education and sports the researcher always well-regarded the sportsmen with a disability that are struggling day by day with a big smile on their faces and with a focus aim of development in their life's condition. It is a big case to follow such delightful people that are living determined each day and making it remarkable. The researcher thinks it is significant for society to get to know these valued sportsmen and to learn how to appreciate and respect them as human beings with no difference.

Maximum persons in the world play as it recreates them, helps them to consume their leisure hours in the pursuits of useful goals and offers them mental relaxation but there are several others who participate in competitive sports, who take sports to be a challenge and they contest with others to win, to excel, to be familiar etc. it is perhaps the later group of sportsmen with which the saying 'athletic personality' is closely concerned (Kamlesh, 1982).

## 2.0 Methodology

The study was of historical, descriptive, analytical, interpretive, and evaluative in nature. The integrated approach was used to collect valid and reliable information for the study.

To assess her performance as an outstanding gymnastic player, as a trainee, as a coach and as a sports promoter, her achievement and contributions towards the game of gymnastics and to evaluate her overall sports personality historical, biographical, analytical, and interpretive methods were used.

Face to face interview technique was used in which her brother translated her sign language into verbal language as a tool for the collection of data.

Data/information for this investigation were derived from the primary and secondary sources i.e. personal records, pictorial records and published material.

### 3.0 Sample Unit

Coaches, sportspersons, teachers, relatives and friends were taken as sample units. Total 114 respondents were taken as the sample unit.

### 4.0 Sports Career of Arjuna Awardee Anju Dua

Being deaf and dumb she competed in normal category in the national championships along with the rest of the participants, asking for no favors and won ten Gold, 23 Silver and 11 Bronze during the three years from 1987 to 1990 in addition she was declared the Best Gymnast at the senior nationals held at Kottayam in 1989. A regular member of Haryana squad Anju has been taking part in the various state and All India Competitions including junior and senior nationals from 1979. Though, a regular in the state meets since 1979. Anju first came to Nationals limelight in 1984 when she won the team championship of the 27th Senior National Gymnastics Championship held in Jabalpur, a performance she repeated in the next two Nationals held in Bangalore and Sangrur. She was especially good at Vaulting Horse, an even in which she topped in the Nationals held at Cuttack in 1987. Kottayam and Udaipur in 1989 and Delhi in 1991.

### 5.0 Conclusion

**Anju Dua is one of the rarest and special gymnastic player, India has produced.**

### 6.0 References:

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