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This is to certify that paper titled “अनिद्रा : मनोकायिक व्याधि का योग चिकित्सीय प्रबन्धन” co-authored by डॉ॰ राकेश गिरिरू has been published in Volume 4 Issue X, February , 2020 of online multidisciplinary International Journal of Information Movement (monthly) which is published by N.K. Publishing.

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A handwritten signature in black ink that reads 'Naresh Kumar'. The signature is written in a cursive style and is positioned to the right of the date of issue.

Dr. Naresh Kumar  
Editor-in-Chief

Website: [www.ijim.in](http://www.ijim.in) ■ Email: [ijim.research@gmail.com](mailto:ijim.research@gmail.com)