

WOMEN EMPOWERMENT

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Abstract: Women are considered the weaker section of the society though they play a significant role in the society. We are in the twenty first century still there is a great need of women empowerment which shows that society needs to change their mindsets however they call themselves modernize. People still feel unsafe to send their girl child outside after nine or ten in the night, this is how we have empowered our women! It is high time to bring about a drastic change in the position of women if we really want to see India in the list of developed countries otherwise it would continue to remain a dream.

Keywords: Empowerment, society, mindsets, change, education, exploitation

1.0 Introduction:

“To call woman the weaker sex is a libel; it is man’s injustice to woman. If by strength is meant brute strength, then, indeed, woman is less brute than man. If by strength is meant moral power, then woman is immeasurably man’s superior: Has she not greater intuition, is she not more self-sacrificing, has she not greater powers of endurance, has she not greater courage? Without her man could not be. If non-violence is the law of our being, the future is with woman. Who can make a more effective appeal to the heart than woman?”

2.0 Mahatma Gandhi

During ancient times women were given due respect but slowly with the passage of time, position of women deteriorated and they were confined to the four walls of the house, and they did not have the right to make decision. They were treated as child producing machines but again with the twentieth century there was a U- turn in the position of women. They moved out of the houses, worked in all the spheres of life from a homemaker to a great business personality like Indira Gandhi, Sonia Gandhi, Kiran Bedi, Sanya Mirza, Sanya Nehwal, Santosh Yadav, Maria Sharopava, etc. Women always march shoulder to shoulder along with men but still we talk about women empowerment. Though she has proved herself in all spheres yet there is need to empower the women. We commonly hear that there is no discrimination between men and women but in the real sense it is merely a lip saying. According to Naila Kabeer, empowerment is “the expansion in people’s ability to make strategic life choices in a context where this ability was previously denied to them.” No doubt in urban areas women are empowered, they have the right to make choices, they are the master of their own will but its pity to hear about domestic violence in some areas and the situation worsens if one thinks about rural areas. Women endure a lot of oppressions, they at times have to bear physical as well as mental tyranny then the question arises how can we empower the women? Women empowerment has gained great importance worldwide as the nations have realized that without the equal involvement of women, no country can progress and even it means wastage of resources. Following are the indicators of women empowerment:

1. Role of women in family and society
2. Power to govern themselves
3. Autonomy in decision making
4. Achievements of women like education, employment, etc.

3.0 Role of Women in Family and Society:

As A Spouse: Women are men’s helper, accomplice and companion. She gives up her own pleasure and aspirations, sets standard of profound quality, and diminishes anxiety, strain of spouse, keeps up peace in the family. In this

manner she makes essential condition for her male accomplice to contemplate the monetary progress of family. She is the wellspring of motivation to man for high undertaking and worth accomplishments in life.

She remains by him in every one of the emergencies and additionally she imparts to him all victories and achievements. She is the individual to whom he turns for affection, sensitivity, comprehension, solace and acknowledgment. She is the image of immaculateness, dedication and accommodation and commitment to her significant other.

4.0 As an Administrator and Leader of the Household:

A well-managed family is required for a happy life. The lady in the family has this capacity. She is the CEO of an endeavor. She allocates obligations among relatives as indicated by their advantage and capacities and gives assets in-term of hardware and materials to achieve the activity.

She assumes a key part in the planning and serving of suppers, determination and care of garments, washing, outfitting and support of the house. As a director, she composes different social capacities in the family for social advancement. She additionally goes about as an executive of amusement. She designs different recreational exercises to address the issues of youthful and old individuals from the family.

5.0 As a Manager of Family Income:

Lady goes about as the modest director of the family wage. It is her duty to secure most extreme come back from each rupee spent. She generally wants to set up a surplus spending plan rather than a shortfall spending plan. She circulates wisely the salary on various heads, for example, necessities, solaces and extravagances. The lady in the family likewise adds to the family pay through her own procuring inside or outside the home. She has positive commitment to the family pay by her work. She herself performs in the home and uses squander items for gainful purposes.

6.0 As a Mother:

The entire weight of kid bearing and larger piece of kid raising assignment are completed by the lady in the family. She is principally in charge of the kid's propensity for discretion, precision, enterprising nature, burglary or trustworthiness. Her contact with the kid amid the most developmental time of his advancement sets up his conduct design. She is along these lines in charge of the extreme teachings in the family.

She is the principal instructor of the kid. She transmits social legacy to her child. It is from mother that the kid takes in the laws of the race, the way of men, moral code and standards. The mother, on account of her cozy and maintained contact with the youngster, she can find and sustain kid's unique characteristics aptitudes and states of mind which accordingly assume a key part in the forming of his identity.

As a mother she is the family's wellbeing officer. She is particularly worried about the physical prosperity of each individual from the family, the newborn child, the debilitated youngster, the immature youth and parents. She sorts out the home and its exercises in such a way along these lines, to the point that every individual from the family has legitimate sustenance, satisfactory rest and adequate entertainment. She made the home a position of very agreeable and suitable setting for the kids through her ability. In addition, she changes the interior design of the home in such a way, so that the home turns into an intriguing, relaxing and bright place.

The mother is the focal identity of the home and the family circle. All the individuals swing to her for sensitivity, comprehension and acknowledgement. She gives her precious time and thought for the welfare of the individuals from the family.

The lady plays out the part of spouse, accomplice, coordinator, chairwoman, executive, re-maker, disbursing, business analyst, mother, drill sergeant, educator, wellbeing officer, craftsman and ruler in the family at the same time. Besides, a lady assumes a key part in the financial improvement of the general public.

7.0 Power to Govern Themselves:

Ladies are more pleasant than men. There are exemptions. A great many people of both genders are likely genuinely decent, given the idea of their childhood and facilities. In any case, as far as their long lasting natures, ladies are kinder, more compassionate and more liberal.

The salary levels of women are rising, despite the fact that regardless they don't have equality with men. They are far less engaged with rough wrongdoings, and wrongdoing of numerous types. They are more secure drivers. A youngster in a solitary parent home is probably going to be in an ideal situation if the parent is a woman. If women are the single guardians and have conceived an offspring, they stick around to bring up youngsters, while men will probably be missing.

8.0 Autonomy in Decision Making:

Many components influence women's independence in the family. Some of these variables identify with the kind of choice that is taken and some to the foundation of the women. Women's self-sufficiency in basic leadership is emphatically connected with their age, business and number of living kids. Women from the rural area have less power as compared to women belonging to urban areas. There is a blended variety in women's independence according to the area they belong to. Western ladies probably have more freedom in respect to health as compared to Indian ladies. Indian women spend money according to their husband's choice even if they are earning. This situation has comparatively changed over the years. Now they have the freedom to take their own decisions may it be health issues or financial decisions. Strangely, rich ladies are less inclined to have independence to settle on choice in regard to their health.

9.0 Achievements of Women Like Education, Employment, Etc.

Women are not conceived, but rather made. With the entire world observing International Women's Day with incredible pageantry and show, it would be just well-suited to dissect the position and space Indian ladies involve today, and contrasting it with the time sixty years back when the nation had recently picked up autonomy. With ladies taking an interest in patriot developments, to being pushed into the residential family unit space, ladies in our nation have seen it all.

There have been incalculable verbal confrontations about sex in India throughout the years. A lot of it incorporates ladies' setting in the public arena, their instruction, wellbeing, financial position, sexual orientation fairness and so forth. What one can finish up from such talks is that women have constantly held a specific incomprehensible position in our developing nation.

While on one hand, India has seen an expanded level of proficiency among ladies, and ladies are presently entering proficient fields, the acts of female feticide, weak conditions and absence of instruction as yet persevering still proceed. Indeed, even the male centric belief system of the house being a lady's 'genuine area' and marriage being her definitive fate hasn't changed much. The marital promotions, requesting young ladies of a similar position, with reasonable skin and thin figure, or the much reprimanded reasonable and flawless advertisements, are markers of the moderate changing social mores. On the off chance that one takes a look at the status of women at that point and now, one needs to look at two sides of the coin; one side which is promising, and one side which is distressing.

10.0 Conclusion:

One must not forget that after every successful man there is a hand of women. She is the one who gets up before day breaks and the last one to go to bed, then why she is the one who is being shouted at, ill-treated and even burned alive in the name of dowry. Husbands, sons and daughters must realize the importance of wives and mothers and should not give them orders or treat them like dirt instead should give them their due respect. It should not be forgotten that women are more skilled than men as they carry on the twin responsibility of office as well as household. It is rightly said by Gandhi, "Education of the boy is the education of the single member of the society but the education of the girl is the education of the five members of the society." So the first step to empower women is to give them proper education. No doubt government has initiated various policies like "Free education to girls" and "Sarv Shiksha Abhiyaan" to improve the situation the girls but the target is still a farfetched cry and it requires the joint efforts of the government, NGO'S and above all the society as a whole has to come forward to empower women who is the foundation stone of society. The greater responsibility lies on women themselves as we all know life is how we perceive it, if they themselves will not try to be free out of the snares of exploitation nobody can help them out as the maxim goes: 'Self help is the best help'. So the women should come forward and show the world that they have the potential to change the world because the hands that rock the cradle can rule the world.

Women are the milestone of our society and if she is not empowered then no country can imagine developing. Women too have their own identity, feelings and emotions. She has her own identity and she too needs freedom to

enjoy and use her rights the way she likes then why to deny them of their rights which are due to them. So give them the power to initiate and express her feelings which will surely bring a change in the society

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