

# NEED OF EMOTIONALLY INTELLIGENT TEACHERS IN THE TECHNETRONIC SOCIETY

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Education is an important instrument for bringing out potentialities of human beings and the effectiveness of any educational system is mainly dependent upon its teachers. Teachers are the backbone of education system. A good teacher is a national builder. He/she builds character, trust, confidence, creates interest and has the capacity to turn a bad student into a good citizen. In this technetronic society i.e. a society that is shaped culturally, psychologically, socially and economically by the impact of technology and electronics and where there is huge competition, students face conflicts, stress and anxiety. So there is need to make our students emotionally balanced and for that there is a need of Emotionally Intelligent Teachers as it has been very truly said by Plato that All Learning has an Emotional Base.

## **1.0 Effects of Emotions on the Development of An Individual:**

Emotions play an important role in every one's life and contribute to the personal, social and professional development of an individual. Emotionally stable individuals lead a happy, healthy and peaceful life. He/she is at ease with himself/herself, his /her surroundings and other fellow beings. And in respect they give their best in every field and it is seen that they are more successful in every walk of life. Development of emotions is extremely important for the harmonious development of personality of an individual. It has been rightly said, "to keep one's emotions under control and be able to conceal them is considered a mark of strong character." Emotions influence our adjustment in the society; they are the source of motivation, source of enjoyment and source of strength. Lack of emotional intelligence disturbs the mental equilibrium of an individual and as such he/she could not contribute their best to the society. Figure 1 explains the importance of emotions in overall development of an individual.

## **2.0 Why there is Need of Emotionally Intelligent Teachers? :**

Family is the first institution of child but with the breakdown of joint families and the advent of high living index both parents are out for work leaving the child with very little time to spend with the parents. More over parents are not always in a position to cope with or dispense with the necessary emotional skills due to lack of parenting. Parents also over expect from their children. These factors affect child's mind and results into a number of problems such as fear of failure, aggressiveness, inferiority complex, loneliness, delinquency, anxieties, suicides etc. This makes the role of all educational institutions particularly of teachers in nurturing emotional skills in children even more crucial.

And in order to instill emotional skills and emotional competency there is need of emotionally intelligent teachers. Scientific researches on functioning of the brain in particular indicate that the infusion of the emotional skills is much easier in plastic years that is from birth to late teens. In National Curriculum Framework 2005 also it is mentioned that teachers should be emotionally developed, happy and cheerful. They should guide students to be emotionally balanced as people high in emotional intelligence are expected to progress more quickly. What is Emotional Intelligence? :

"Emotional Intelligence is the capacity for recognizing our own feelings and those of others, for motivating ourselves, for managing emotions well in ourselves and in our relationships." (Goleman) "Emotional intelligence is the ability to perceive emotions, to access and generate emotions so as to assist thoughts, to understand emotions and emotional knowledge and to reflectively regulate emotions so as to promote emotional and intellectual growth." (Mayer & Salovey) Above definitions show that it is ability to perceive, understand, regulate and harness emotions adaptively in self and in others and effectively apply the power and acumen of emotions as a source of human energy, information, connection and influence. It is about self-awareness, self-management, social awareness and social management (Figure 2).

**3.0 Whom We Call An Emotionally Intelligent Teacher?**

An Emotionally Intelligent Teacher possess four core skills (Figure 3):

From Figure 3, we can say that emotionally intelligent teacher has:

1. The ability to recognize and understand feelings, behaviour and emotions of his/her students.
  2. The ability to understand one's responses to situations and other people's actions.
  3. The ability to predict how students think, how they feel .
  4. The ability to express emotions and communications effectively.
  5. The ability to reflectively regulate emotions so as to promote emotional and intellectual growth.
- Each letter of the word TEACHER represents the traits that should be possessed by an Emotionally Intelligent Teacher:

**T- Truthfulness:** being so a teacher can make students truthful.

**E - Enthusiasm:** an enthusiastic teacher can arouse enthusiastic learning among students.

**A - Attentive:** Approachable an attentive teacher reads the face of students & an approachable one can create conducive learning environment and give students a chance to voice their feelings and clear their doubts any time.

**C - Care and Concern for students:** this ability makes students feel good & they in turn learn well.

**H - Happy:** having positive approach- these qualities motivate students for facing challenges positively.

**E - Emotional Competency:** most important ability that helps learners in removing burn outs.

**R -Responsible & Resourceful:** these help in developing students a feeling of conscientious. Specific Characteristics possessed by an Emotionally Intelligent teacher are (See Figure 4)

How emotionally intelligent teachers can be helpful in moulding, processing and shaping the future of children?

"A teacher affects eternity; he/she can never tell where his/her influences stops."

The teachers are the pivots of the education system who mould, process and shape students as future citizens. A teacher teaches not only by 'what he/she says and does' but very largely by 'what he/she is'. Emotionally Intelligent teachers use emotional abilities such as emotional competency, emotional maturity and emotional sensitivity to guide their thoughts of action in a helpful way and thus help in making children good citizens of technetronic society in the following way:

1. Teachers equipped with emotional intelligence develop self-awareness skill.
2. They make them aware regarding feelings and emotions and its impact on their personality development.
3. They develop among their students the qualities of a good listener that's an essential quality for understanding emotions and feelings of others.
4. They make students understand that anger, fear, stress, sadness etc., the so called negative emotions, are not as healthy as positive emotions like peace, courage, cheerfulness etc.
5. They encourage learners to use their emotions as motivating force for achieving the goal and objectives.
6. They motivate students to be empathetic, the skill, with which they can achieve success in any field.
7. They develop emotional competency among their students and that in turn develops self-esteem, optimism and self control among learners.
8. They recognize and respond to the feelings of learners in the classroom.
9. They make students actively and enthusiastically interested in the realization of learning objectives.
10. They acknowledge the presence of individual learners and truly hear what is being said by learners and give them freedom to opine.
11. They give students a chance to voice their feelings and clear their doubts any time.
12. They create positive emotional environment and have a check on prejudices towards students.
13. They boost confidence of students and help them in achieving success more heartedly.

It is therefore well concluded that an emotionally intelligent teacher may prove a potent force and medium for creating a safer and more satisfying, caring, affectionate, stimulating and inspiring environment for 360 degree development and 100 % success of students. Truly, there lies a tremendous source of strength, potential and vigour in emotions and in case one is capable of utilizing this vast source of energy lying in oneself and in others in the

most intelligent and useful way, then surely and certainly it may work wonders in terms of getting success in one or the other field of life. So,

If you understand others you are smart.

If you understand you yourself you are illuminated

If you overcome others you are powerful

If you overcome yourself you have strength

If you know how to be satisfied you are rich

If you can act with vigour, you have a will

If you don't lose your objectives you can be long-lasting. Lao-Tze

BE AN EMOTIONALLY INTELLIGENT TEACHER and make your class environment FEEL GOODÖ LEARN GOOD.

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