

ISSN:2456-0553



IFSIJ Impact Factor : 3.355

# International Journal of Information Movement

A Peer-Reviewed Globally Recognized & Quality Refereed Online Journal of Multidisciplinary Research

## *Certificate of Publication*

This is to certify that paper titled “प्राणायाम के शिक्षण में मुद्रा-बन्ध की उपादेयता” authored by डॉ० राकेश गिरि has been published in Volume 4 Issue XI, March , 2020 of online multidisciplinary International Journal of Information Movement (monthly) which is published by N.K. Publishing.

Date of Issue: 31<sup>st</sup> March, 2020

A handwritten signature in black ink, reading 'Naresh Kumar', is written over the page.

Dr. Naresh Kumar  
Editor-in-Chief